

**Team Sports Elective**(*Master*)

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Content	Skills	Learning Targets	Standards	Assessment	Resources & Technology
<p><b>CEQ: What are the fundamental skills &amp; strategies used to participate in a team sport?</b></p> <p><b>What is the proper etiquette and safety needed to participate in a team sport?</b></p> <p><b>What are the basic sportsmanship needs for a team sport?</b></p> <p><b>How can team sports improve my overall fitness level?</b></p> <p><i>UEQ:</i></p> <ul style="list-style-type: none"> <li>• <i>What are the rules, etiquette, and safety of Ultimate Games?</i></li> <li>• <i>What are the basic fundamental skills of Ultimate Games?</i></li> </ul>	<p><b>Ultimate Games</b></p> <ol style="list-style-type: none"> <li>1. Identify the rules and scoring procedures.</li> <li>2. Apply safe practices and sportsmanship in a game setting.</li> <li>3. Apply offense and defense strategies in a game setting.</li> <li>4. Demonstrate throwing and catching a variety of objects.</li> </ol>	<p><b>Ultimate Games</b></p> <p>LT1. I can throw a frisbee with both hands and can catch a frisbee with one or two hands.</p> <p>LT2. I can throw and catch a football.</p> <p>LT3. I understand the rules of ultimate games and can demonstrate them while practicing and playing in class.</p> <p>LT4. I can demonstrate strategy while playing offense and defense.</p> <p>LT5. I know what muscles are being used when playing ultimate games.</p>	<p><b>Ultimate Games</b></p> <p><b>S1.H1</b></p> <p><b>S2.H1</b></p> <p><b>S4.H2</b></p> <p><b>S4.H3</b></p> <p><b>S4.H4</b></p>	<p><b>Ultimate Games</b></p> <p><b>CFA = Teacher observation and questioning of students in a game setting.</b></p> <p><b>CFA = Exit ticket</b></p> <p><b>CSA= Tournament Game Play</b></p>	<p><b>Ultimate Games</b></p> <p>Key Vocabulary</p> <p>Offense</p> <p>Defense</p> <p>Forehand</p> <p>Backhand</p>

<ul style="list-style-type: none"> <li>• <i>What are the basic strategies used in Ultimate Games?</i></li> </ul> <p><b>Ultimate Games</b></p> <ol style="list-style-type: none"> <li>1. Basic Rules &amp; Etiquette</li> <li>2. Safety</li> <li>3. Basic Strategies</li> <li>4. Fundamental skills</li> </ol> <p><b>Soccer/Speedball</b></p> <p><i>UEQ:</i></p> <ul style="list-style-type: none"> <li>• <i>What are the rules, etiquette, and safety of Soccer/Speedball?</i></li> <li>• <i>What are the basic fundamentals of Soccer/Speedball?</i></li> <li>• <i>What are the basic strategies used in soccer/speedball?</i></li> <li>• <i>What is a trap?</i></li> <li>• <i>What is the difference between kicking and passing?</i></li> <li>• <i>How could you convert or kick-up a soccer ball?</i></li> </ul> <p><b>Soccer/Speedball</b></p> <ol style="list-style-type: none"> <li>1. Basic Rules &amp; Etiquette</li> <li>2. Safety</li> <li>3. Basic Strategies</li> </ol>	<p><b>Soccer/Speedball</b></p> <ol style="list-style-type: none"> <li>1. Identify the rules and scoring options.</li> <li>2. Apply safe practices and sportsmanship in a game setting.</li> <li>3a. Apply conversion techniques strategically in a game setting.</li> <li>3b. Identify the different positions and their roles on the field.</li> <li>4a. Demonstrate kicking, passing, and receiving a soccer ball.</li> <li>4b. In Speedball, demonstrate different conversion methods.(kick-ups)</li> </ol>	<p><b>Soccer/Speedball</b></p> <p>LT1. I can dribble a soccer ball while jogging or running.</p> <p>LT2. I can pass a soccer ball using the inside and outside of my foot.</p> <p>LT3. I can perform a foot trap skill.</p> <p>LT4. I can shoot a soccer ball toward a goal/target using proper technique.</p> <p>LT5. Demonstrate a minimum of two conversion methods (kick-ups).</p> <p>LT6. Explain the different positions and their roles on the field.</p>	<p><b>Soccer/Speedball</b></p> <p><b>S1.H1</b>  <b>S2.H1</b>  <b>S4.H2</b>  <b>S4.H3</b>  <b>S4.H4</b>  <b>S4.H5</b></p>	<p><b>Soccer/Speedball</b></p> <p><b>CFA =Teacher observation of students in a game setting.</b>  <b>CFA= Teacher observation of skills testing.(passing and shooting)</b></p> <p><b>CSA= Written Assessment</b></p>	<p><b>Soccer/Speedball</b></p> <p>Key Vocabulary          Trapping          Center          Forward          Goalie          Two hand throw in          Corner kick          Goal kick          Hands call          Dribbling</p>
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4. Fundamentals		LT7. Explain the difference between a goal kick and corner kick LT8. Identify major muscles used in Soccer/Speedball			
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**October**

<b>Content</b>	<b>Skills</b>	<b>Learning Targets</b>	<b>Standards</b>	<b>Assessment</b>	<b>Resources &amp; Technology</b>
<p><b>Volleyball</b>                      UEQ:</p> <ul style="list-style-type: none"> <li>• <i>What are the rules, etiquette, and safety of Volleyball?</i></li> <li>• <i>How do you effectively pass, set, and hit a volleyball?</i></li> <li>• <i>What are the basic fundamentals of Volleyball?</i></li> </ul> <p><b>Volleyball</b>                      1. Basic Rules &amp; etiquette                      2. Safety                      3. Fundamentals</p> <p><b>Eclipse Ball</b>                      UEQ:</p> <ul style="list-style-type: none"> <li>• <i>What are the rules, etiquette, and safety of Eclipse Ball?</i></li> <li>• <i>What is the difference between a</i></li> </ul>	<p><b>Volleyball</b></p> <p>1. Identify and implement the rules and rally scoring.                      2. Apply safe practices and sportsmanship in a game setting.                      3a. Demonstrate the basic skills of passing, setting, and serving.                      3b. Identify the important cues for all skills.</p>	<p><b>Volleyball</b></p> <p>LT1. I can forearm pass, set, and overhand serve a volleyball.                      LT2. I can list the 3 most important skill cues for passing, serving, and setting.                      LT3. I can show that I know the rules of the game of volleyball while playing or practicing in class.                      LT4. Identify major muscles used in volleyball</p>	<p><b>Volleyball</b></p> <p><b>S1.H1</b>  <b>S2.H1</b>  <b>S4.H2</b>  <b>S4.H3</b>  <b>S4.H5</b></p>	<p><b>Volleyball</b></p> <p><b>CFA=</b>  <b>Fundamental skills test for passing</b></p> <p><b>CFA= Teacher observation of students in a game setting.</b></p> <p><b>CSA=</b>  <b>Tournament Game Play</b></p>	<p><b>Volleyball</b></p> <p>Key Vocab                      Passing                      Setting                      Hitting                      Serving                      Attacking                      Digging                      Sideout                      Blocking                      Transition</p>

<p><i>forehand and backhand stroke?</i></p> <ul style="list-style-type: none"> <li>• <i>How could strategy play a role in the game of Eclipse Ball?</i></li> </ul> <p><b>Eclipse Ball</b></p> <ol style="list-style-type: none"> <li>1. Basic Rules and etiquette</li> <li>2. Safety</li> <li>3. Fundamentals</li> </ol>	<p><b>Eclipse Ball</b></p> <p>1a. Identify and show knowledge of the differences and similarities in rules of Volleyball and Eclipse Ball.</p> <p>1b. Use strategy when possible in game.</p> <p>2. Apply safe practices and sportsmanship in a game setting.</p> <p>3a. Demonstrate use of both the forehand and backhand in game situations.</p>	<p><b>Eclipse Ball</b></p> <p>LT1. I can use the forehand and backhand stroke effectively in a game situation.</p> <p>LT2. I know 3 differences in the game of Eclipse Ball compared to Volleyball.</p> <p>LT3. I am able to identify what muscle(s) I am using when playing Eclipse Ball.</p> <p>LT4. Display use of strategy in a game situation.</p>	<p><b>Eclipse Ball</b></p> <p><b>S1.H1</b> <b>S2.H1</b> <b>S4.H2</b> <b>S4.H3</b> <b>S4.H4</b> <b>S4.H5</b></p>	<p><b>Eclipse Ball</b></p> <p><b>CFA= Teacher observation of students in a game setting.</b></p> <p><b>CSA= Tournament Game Play</b></p>	<p><b>Eclipse Ball</b></p> <p>Key Vocab Forehand Backhand Serving Sideout</p>
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**November**

Content	Skills	Learning Targets	Standards	Assessment	Resources & Technology
<p><i>UEQ:</i></p> <ul style="list-style-type: none"> <li>• <i>What are the rules, etiquette, and safety of Basketball?</i></li> <li>• <i>What are the basic fundamentals of Basketball?</i></li> <li>• <i>What are the basic offense and defense</i></li> </ul>	<p><b>Basketball</b></p> <p>1a. Identify the rules and scoring procedures.</p> <p>1b. Identify the positions &amp; their roles on the court</p> <p>2. Apply safe practices and utilize teamwork in a game setting.</p>	<p><b>Basketball</b></p> <p>LT1. I can dribble a basketball with either hand while jogging.</p> <p>LT2. I can shoot a layup with either hand.</p> <p>LT3. I can demonstrate how to set a pick/screen in</p>	<p><b>Basketball</b></p> <p><b>S1</b> <b>S2</b> <b>S4.H2</b> <b>S4.H3</b> <b>S4.H4</b> <b>S4.H5</b></p>	<p><b>Basketball</b></p> <p><b>CFA = Peer assessment on shooting form</b></p> <p><b>CFA = Teacher observation of students in a game setting.</b></p>	<p><b>Basketball</b></p> <p>Key Vocabulary Layup Man-to-Man Defense Pick Chest Pass Bounce Pass Overhead Pass Give and Go</p>

<p><i>strategies used in basketball?</i></p> <ul style="list-style-type: none"> <li>• <i>How do I design and implement a play?</i></li> </ul> <p><b>Basketball</b></p> <ol style="list-style-type: none"> <li>1. Basic Rules &amp; Etiquette</li> <li>2. Safety</li> <li>3. Game Strategies</li> <li>4. Fundamentals</li> </ol>	<p>3a. Demonstrate the offensive team play strategy of setting a pick-and-roll.</p> <p>3b. Demonstrate the defensive strategy of boxing out.</p> <p>3c. Demonstrate man to man defense.</p> <p>4a. Demonstrate the basic skills of dribbling, passing, and shooting.</p> <p>4b. Demonstrate the basic offensive skill of shooting a lay-up.</p>	<p>a game setting.</p> <p>LT4. I can demonstrate that I know the rules and scoring system for playing a game.</p> <p>LT5. I can play and practice while keeping things safe for myself and my classmates.</p> <p>LT6. I can effectively demonstrate man to man defense.</p> <p>LT7. I can demonstrate how to box out.</p> <p>LT8. I can demonstrate a chest pass, bounce pass &amp; overhead pass.</p> <p>LT9. I can identify the positions on the court and their main roles.</p> <p>LT10. I can identify major muscle groups used in basketball.</p>		<p><b>CSA = Design and implement an offensive play.</b></p>	<p>Point Guard Wing Center Forward Rebound Box Out Double Dribble Traveling Foul Free Throw</p>
<p><b>Flag Football (Optional)</b></p> <p><i>UEQ:</i></p> <ul style="list-style-type: none"> <li>• <i>What are the rules, etiquette, and safety of Flag Football?</i></li> <li>• <i>What are the basic fundamentals of Flag Football?</i></li> </ul>	<p><b>Flag Football</b></p> <ol style="list-style-type: none"> <li>1. Identify the rules and scoring procedures.</li> <li>2. Apply safe practices and utilize teamwork in a game setting.</li> <li>3a. Demonstrate understanding of basic</li> </ol>	<p><b>Flag Football</b></p> <p>LT1. I can throw a football with a spiral to a stationary target.</p> <p>LT2. I can catch a football, both while stationary and while jogging.</p> <p>LT3. I can run basic routes</p>	<p><b>Flag Football</b></p> <p><b>S1</b></p> <p><b>S2</b></p> <p><b>S4.H2</b></p> <p><b>S4.H3</b></p> <p><b>S4.H4</b></p> <p><b>S4.H5</b></p>	<p><b>Flag Football</b></p> <p><b>CSA = Teacher observation of students in a game setting.</b></p>	<p><b>Flag Football</b></p> <p>Key Vocabulary:</p> <p>Touchdown Punt Slant Post Fly Running Back Quarterback</p>

<p><b>Flag Football</b></p> <ol style="list-style-type: none"> <li>1. Basic Rules &amp; Etiquette</li> <li>2. Safety</li> <li>3. Game Strategies</li> <li>4. Fundamentals</li> </ol>	<p>routes for receivers in football.</p> <p>3b. Identify the main positions and roles of the players on the field</p> <p>4. Demonstrate the basic skills of passing and catching a football.</p>	<p>that receivers run in football, including a slant, post, and fly.</p> <p>LT4. I can demonstrate safe playing procedures while practicing and playing in class.</p> <p>LT5. I can keep score of a flag football game.</p>			<p>Lineman Down Safety</p>
<p><b>Lacrosse (Optional)</b></p> <p><i>UEQ:</i></p> <ul style="list-style-type: none"> <li>• <i>What are the rules, etiquette, and safety of Lacrosse?</i></li> <li>• <i>What are the basic fundamentals of Lacrosse?</i></li> </ul> <p><b>Lacrosse</b></p> <ol style="list-style-type: none"> <li>1. Basic Rules &amp; Etiquette</li> <li>2. Safety</li> <li>3. Fundamentals</li> </ol>	<p><b>Lacrosse</b></p> <ol style="list-style-type: none"> <li>1. Identify the rules and scoring procedures</li> <li>2. Apply safe practices and evaluate teamwork in a game setting.</li> <li>3. Demonstrate the basic skills of stick handling, shooting, passing, catching, and defense.</li> </ol>	<p><b>Lacrosse</b></p> <p>LT1. I can catch a ball and cradle the ball while running.</p> <p>LT2. I can shoot overhead, sidarm, and low.</p> <p>LT3. I can pass back and forth with a teammate.</p> <p>LT4. I can play both man-to-man and zone defense in Lacrosse.</p>	<p><b>Lacrosse</b></p> <p><b>S1</b></p> <p><b>S2</b></p> <p><b>S4.H2</b></p> <p><b>S4.H3</b></p> <p><b>S4.H4</b></p> <p><b>S4.H5</b></p>	<p><b>Lacrosse</b></p> <p><b>CFA &amp; CSA =</b></p> <p><b>Teacher</b></p> <p><b>observation of</b></p> <p><b>students in a</b></p> <p><b>game setting.</b></p>	<p>Key Vocab:</p> <p>man to man defense</p> <p>zone defense</p> <p>Pick</p> <p>Craddle</p> <p>Defenders</p> <p>Midfielders</p> <p>Attackers</p> <p>Feed</p>

<p><i>UEQ:</i></p> <ul style="list-style-type: none"> <li>• <i>What are the rules, etiquette, and safety of Floor Hockey?</i></li> <li>• <i>What are the basic fundamentals of Floor Hockey?</i></li> <li>• <i>What are the basic offense and defense strategies used in Floor Hockey?</i></li> </ul> <p><b>Floor Hockey</b></p> <ol style="list-style-type: none"> <li>1. Basic Rules &amp; Etiquette</li> <li>2. Safety</li> <li>3. Game Strategies</li> <li>4. Fundamentals</li> </ol>	<p><b>Floor Hockey</b></p> <ol style="list-style-type: none"> <li>1. Identify the rules and scoring procedures.</li> <li>1b. Identify the positions &amp; their roles on the court.</li> <li>2. Apply safe practices and utilize teamwork in a game setting.</li> <li>3. Apply basic offensive and defensive strategies.</li> <li>4. Demonstrate the basic skills of stick handling, shooting, &amp; passing.</li> </ol> 	<p><b>Floor Hockey</b></p> <p>LT1. I can stick handle, controlling the puck, while running and playing floor hockey.</p> <p>LT2. I can shoot a wrist shot both forehand and backhanded.</p> <p>LT3. I can safely play defense in the game of floor hockey.</p> <p>LT4. I can practice and play floor hockey safely in class.</p>	<p><b>Floor Hockey</b></p> <p><b>S1</b></p> <p><b>S2</b></p> <p><b>S4.H2</b></p> <p><b>S4.H3</b></p> <p><b>S4.H4</b></p> <p><b>S4.H5</b></p>	<p><b>Floor Hockey</b></p> <p><b>CFA = Peer evaluation of stick handling &amp; shooting skills.</b></p> <p><b>CSA = Teacher observation of students in a game setting.</b></p>	<p><b>Floor Hockey</b></p> <p>Key Vocabulary:</p> <ul style="list-style-type: none"> <li>Dribbling</li> <li>Goalie</li> <li>Right/Left Wing</li> <li>Center</li> <li>Defensemen</li> <li>Dribbling/Stick Handling</li> <li>Wrist shot</li> <li>Slap/snap shot</li> <li>Forehand</li> <li>Backhand</li> </ul>
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<p><i>UEQ:</i></p> <ul style="list-style-type: none"> <li>• <i>What are the rules, etiquette, and safety of Softball?</i></li> <li>• <i>What are the basic fundamentals of Softball?</i></li> </ul> <p><b>Softball/Kickball</b></p> <ol style="list-style-type: none"> <li>1. Basic Rules &amp; Etiquette</li> <li>2. Safety</li> <li>3. Game Strategies</li> <li>4. Fundamentals</li> </ol> <p><b>Create a Game</b></p> <ol style="list-style-type: none"> <li>1. Basic Rules &amp; Etiquette</li> <li>2. Safety</li> </ol>	<p><b>Softball/Kickball</b></p> <ol style="list-style-type: none"> <li>1. Identify the rules and scoring procedures.</li> <li>2. Apply safe practices and utilize teamwork in a game setting.</li> <li>3a. Identify forceouts and demonstrate defensive strategies based on ball and runner placements.</li> <li>3b. Identify the positions &amp; their roles in softball</li> <li>4a. Demonstrate the basic skills of hitting a softball.</li> <li>4b. Demonstrate the basic skills of catching fly balls and throws, as well as fielding ground balls.</li> </ol> <p><b>Create a Game</b></p> <ol style="list-style-type: none"> <li>1. Identify the rules and procedures of the game</li> </ol>	<p><b>Softball/Kickball</b></p> <p>LT1. I can catch a softball that is hit in the air or thrown to me.</p> <p>LT2. I can properly field a ground ball.</p> <p>LT3. I can throw to a target using correct throwing technique.</p> <p>LT4. I can play softball games, and practice in class safely.</p> <p>LT5. I can keep score for softball.</p> <p>LT6. I can identify forceouts.</p> <p>LT7. I can identify the positions in softball &amp; their roles on the field.</p> <p><b>Create a Game</b></p>	<p><b>Softball/Kickball</b></p> <p><b>S1</b></p> <p><b>S2</b></p> <p><b>S4.H2</b></p> <p><b>S4.H3</b></p> <p><b>S4.H4</b></p> <p><b>S4.H5</b></p> <p><b>Create a Game</b></p> <p><b>S1</b></p>	<p><b>Softball/Kickball</b></p> <p><b>CFA = Teacher observation of students catching fly balls &amp; fielding ground balls.</b></p> <p><b>CSA = Teacher observation of students in a game setting.</b></p> <p><b>Create a Game</b></p> <p><b>CSA = Teacher observation of</b></p>	<p><b>Softball/Kickball</b></p> <p>Key Vocabulary:</p> <ul style="list-style-type: none"> <li>Strike Out</li> <li>Ball</li> <li>Foul Ball</li> <li>Pitcher</li> <li>Outfielder</li> <li>Shortstop</li> <li>1st Baseman</li> <li>2nd Baseman</li> <li>3rd Baseman</li> <li>Catcher</li> <li>Outfielder</li> <li>Ground Ball</li> <li>Fly Ball</li> </ul>
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<p>3. Game Strategies 4. Fundamentals</p> <p><i>UEQ:</i></p> <ul style="list-style-type: none"> <li>• <i>What are the rules, etiquette, and safety of created game?</i></li> <li>• <i>What are the basic fundamentals of created game?</i></li> </ul>	<p>2. Apply safe practices and utilize team sports' concepts into game.</p> <p>3. Identify basic skills used in game.</p>		<p><b>S2</b> <b>S4.H2</b> <b>S4.H3</b> <b>S4.H4</b> <b>S4.H5</b></p>	<p><b>students in a game setting, teaching and playing.</b></p>	
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