

AREA COUNSELING AGENCIES

St. Michael-Albertville

Allina Health 763-744-4000

<http://wellness.allinahealth.org/locations/88>

Solutions Counseling 763-515-4563

<http://www.helpwithsolutions.com/>

Buffalo

Bridging Hope Counseling 763-291-3031

<http://bridginghopecounseling.com/>

Central MN Mental Health Center 763-682-4400

http://cmmhc.org/home_buffalo.html

Crow River Counseling 763-682-2011

<http://crowrivercounseling.com/>

Family Counseling Center 763-682-5420

Elk River

Central MN Mental Health Center 763-441-3770

http://cmmhc.org/home_elkriver.html

Nystrom & Associates 763-746-9492

<http://www.nystromcounseling.com/>

Maple Grove

Innovative Psychological Consultants, LLC 763-416-4167

www.ipc-mn.com

Maple Grove Counseling Center 763-494-8699

<http://maplegrovecounselingcenter.com/>

Monticello

Central MN Mental Health Center 763-295-4001

http://cmmhc.org/home_monticello.html

Rogers

Northwinds Counseling Services 763-424-1888

<http://northwindscounseling.com/>

Bridging Hope Counseling 763-291-5505

<http://bridginghopecounseling.com/>

Link Therapy & Mediation 763-244-4900
<http://www.linktherapyandmediation.com/>
Northwest Family Counseling 763-220-2312
Rogers Counseling Center 763-428-6330

AREA MENTAL HEALTH EMERGENCY

Below are area resources that offer mental health support in suicidal situations. Call 911 if you are concerned the person is in immediate danger.

Emergency Rooms:

Fairview Riverside Emergency-Minneapolis 612-273-6402
MN Mental Health Connection (Connects you to MANY area hospitals including Abbott, Mercy, United, Unity) 866-603-0016
North Memorial Emergency-Robbinsdale 763-581-9700

Numbers to call for mental health support:

Four County Crisis Response 320-253-5555 (will send someone to home within 1 hour)
National Suicide Hotline 800-273-8255

Note: Your family can choose any area hospital emergency room.